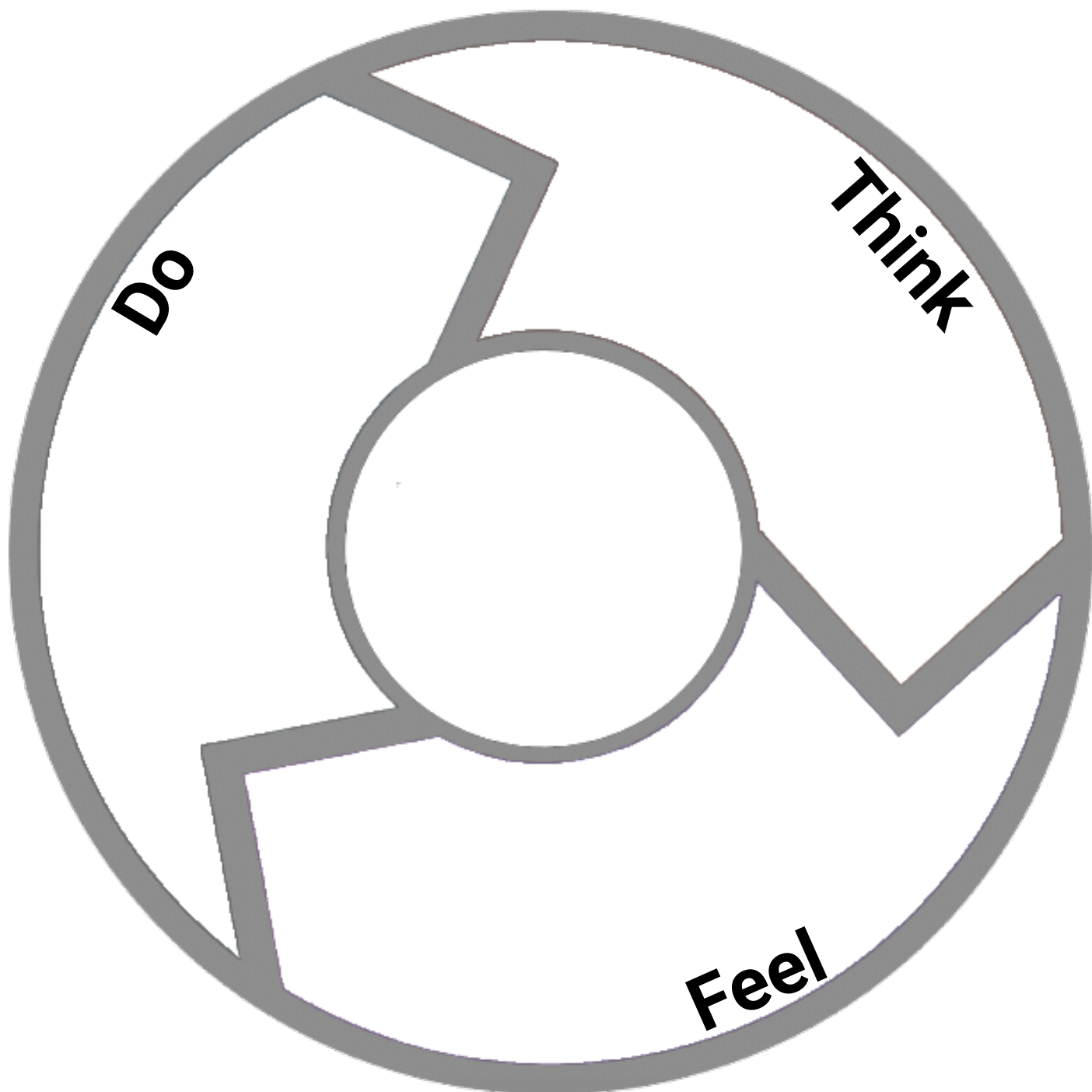


# Your Vicious Cycle



If you want, you can write a trigger in the centre, or you can just leave the space blank.